

# WELCOME TO THE FIRST ANNUAL SENIOR SUMMIT

"Celebrating Lake County Senior Citizens"

April 1, 2017

**THANK YOU TO OUR VENUE HOST & MAJOR SPONSOR  
ROBINSON RANCHERIA RESORT & CASINO**

Registration required; must show event badge to attend Plenary Session.

## Plenary Session – West Wing (Bingo Area)

- 10:00 AM – Opening -  
Jim Steele, LC Supervisor
- 10:05 AM – Invocation & Welcome  
- E.J. Crandell, Tribal Chair
- 10:15 AM – Keynote Speaker -  
Prescott Cole, CA Advocates for  
Nursing Home Reform
- 10:45 AM – Senior Recognition  
Honors - Jim Steele, E.J. Crandell &  
Assemblywoman Aguiar-Curry
- 11:30 AM – Buffet Lunch
- 12:00 NOON - Speakers
- 12:45 PM –Session Concludes

*After the Plenary session, make your way to the Conference  
Meeting Rooms located on the East Wing of the Casino.*

## Afternoon Session – East Wing (Mtg.Rooms)

- 1:15 to 3:45 PM: Non-Profit Board  
Training, Sue Haun, MA
- 1:15 – 4:00 PM: Presentations &  
Information Services
- 3:30 PM: Turn in surveys at  
Registration Desk – receive 2<sup>nd</sup> raffle  
ticket
- 4:15 PM: Raffle prizes announced.

### **ANNOUNCEMENT!**

#### ***Launching***

#### ***The Lake County Silver Foundation!***

*See more information inside - page 3 of the program.*

"It's time we have an event that values the contributions of seniors, tribal elders and all those who work to improve the quality of life for Lake County senior citizens. We hope you enjoy the day. To help us plan the next Senior Summit and review our Senior Programs, please take a few minutes to give us your input. Thank you." – Jim Steele, LC Supervisor

*Please return your completed feedback survey to the Registration Desk by 3:30 pm  
and pick up your \$10 casino match play and 2<sup>nd</sup> raffle ticket.*

## Thank You

**LUNCH COURTESY OF MAJOR SPONSORS**



**Clearlake Oaks - Glenhaven  
Business Association**



**For assistance throughout the event, look for Senior Summit volunteers wearing a badge marked "Staff."**

## AFTERNOON SESSIONS IN THE EAST WING

1:15 – 4:00 PM: Stage Presentations & Information Tables

1:15 – 3:45 PM: Non Profit Board Training - Sign up at the registration desk.

3:30 PM: Turn in surveys to registrations desk – receive \$10 match play & 2<sup>nd</sup> raffle ticket.

4:15 PM: Raffle Winners Announced



### **TRAINING FOR NON-PROFIT BOARDS – Small Meeting Room**

A 2.5 hour training for current Board members and anyone who may consider joining a non-profit board. Please sign up at registration, as seating is limited.

– Training by Sue Haun, MA

### **STAGE PRESENTATIONS - Large Meeting Room**

Join these presenters for a 15-minute discussion of their programs, from 1:15 – 3:45 PM.

- ❖ 1:15 pm: Arts Council by Linda Kelly
- ❖ 1:30 pm: Caregiver Resource Center by Nancy Powers-Stone
- ❖ 1:45 pm: Transportation in Lake County by Karl Parker
- ❖ 2:00 pm: Emergency Preparation, Tobacco Control & HAM Radio Programs by Dr. Karen Tait
- ❖ 2:30 pm: Konocti Senior Services by Fran Rand
- ❖ 2:45 pm: Senior Centers by Jonathan Crooks
- ❖ 3:15 pm: Tai Chi by Linda Burton
- ❖ 3:30 pm: Nordic Walking
- ❖ 3:45 pm: Neighborhood Watch by Kevin Waycik

### **OUTDOORS DEMONSTRATIONS**

The following presenters will be located outdoors, weather permitting.

- ❖ Nordic Walking
- ❖ Tai Chi
- ❖ HAM Radio



Lucerne  
Community  
Clinic

### **INFORMATION TABLES**

To learn more about the various services offered for

senior citizens in Lake County, please make a point to stop by each table.

- ❖ ACME
- ❖ Assisted Living – Brookdale
- ❖ Caregiver Resource Center
- ❖ Community Care, MSSP
- ❖ Damsel in Defense
- ❖ Elder Day Services of Lake County & No. Lake Adult Care
- ❖ Financial Planning by Law Offices of Mary Heare Amodio
- ❖ Financial Planning by Law Offices of Dennis A Fordham
- ❖ Hospice Services of Lake County
- ❖ Konocti Senior Support
- ❖ Lake County Arts Council
- ❖ Lake County Veterans Services
- ❖ Lake County Transit
- ❖ Neighborhood Watch
- ❖ Public Emergency Preparedness
- ❖ Senior Center Booths
- ❖ Sequoia Senior Solution
- ❖ Tobacco Control Program
- ❖ Womens Protective Club & Upper Lake Support Services

## **Thanks to Our Volunteers!**

*This event was possible  
by the efforts of many  
amazing volunteers!*

Joyce Adams  
Rae Eby-Carl  
Janine Smith-Citron  
Jonathan Crooks  
Nathan Maxman  
Kurt McKelvey  
Joyce Overton  
Wanda Quitiquit  
Lori Tourville



*"I slept and I dreamed that life is all joy. I woke and I saw that life is all service. I served and I saw that service is joy." – Kahlil Gibran*



Hospice Services  
of Lake County  
HOPE • COMPASSION • LIFE



# ABOUT THE LAKE COUNTY SILVER FOUNDATION

The Lake County Silver Foundation is a newly formed non-profit organization that exists to develop funds through grants, angel donations and trust fund endowments. The purpose of the foundation is to provide funding to Senior Centers and related entities to address operational facility repairs and senior activities in support of Lake County's growing senior citizenry. A Board of Directors will enact an application process for funds distribution and endowment providers can direct their gift.



Members of the Board of Directors are being recruited now. To learn more about how you can become a member of the Board of Directors please contact Jim Steele at 707-295-6198.

The vision of the foundation is cohesive and effective Lake County senior center operations and services that increase the quality of life for senior citizens in all sectors of the County including unincorporated, city and tribal lands.

## GOALS:

- ❖ Develop and implement funding strategies that will gain outside-county grants and donations to support services needed by seniors and centers.
- ❖ Promote the foundation as a way for seniors to leave a legacy, by specifying how their endowment gifts can be used.
- ❖ Provide a granting application process to fund senior facility improvements and activities for seniors that will enrich their lives.
- ❖ Plan and administer an annual senior conference that promotes respect for elders from all generations.
- ❖ Promote the conference to seniors both through the centers and those not connected to the centers.
- ❖ Develop activities and opportunities for seniors at the conference to provide value to their lives and develop a survey for this purpose.

## Q & A:

Q. Why is the Silver Foundation needed in Lake County?

A. The Senior Centers provide meals, either at the center or home delivery. Most centers receive less than 50% of the funding needed to provide these basic services; the rest they must obtain through fund raising efforts – an ongoing struggle for the centers. The foundation will provide extra support to senior centers and a Lake County senior identity.

Q. Does the County fund the senior centers?

A. The senior centers are non-profit entities that exist to provide meal and other services in their respective local areas. The county supports some buildings and the Area Agency on Aging provides meal support.

Q. Does the County manage the senior centers?

A. No. The centers are independent non-profit operations run by Boards of Directors. In most cases, the Boards hire a center director to run the daily operations.

Q. What is the role of the Board of Directors for the senior centers?

A. Each Board is independent and has its own by-laws. Generally, the Board of Directors are responsible for supervision of the operations director, setting policy, approving the budget and developing funding for the centers.

Q. When will the Silver Foundation be operational?

A. The Silver Foundation needs Board members as well. The first step is to recruit the Board members. That process is underway. Contact County Supervisor Jim Steele at 707-295-6198.

Q. What are the requirements to serve on the Board of Directors?

A. The ideal Board member has strong ties to and is an influential member of the community, has the passion and ability to raise funds, and can influence others to support the goals of the Silver Foundation.

*“We make a living by what we get, but we make a life by what we give.” – Winston Churchill*

# Thank You

## Major Sponsors

Robinson Rancheria Resort & Casino  
Calpine At The Geysers  
Clearlake Oaks-Glenhaven Business Association  
PG & E  
Lake County Senior Centers  
Lake County Supervisor, Jim Steele  
Lake Transit Authority  
Law Offices of Dennis A. Fordham

## Table Sponsors

Hospice of Lake County  
Konocti Senior Services  
Law Offices of Mary Heare Amodio  
Lucerne Community Clinic

## LAKE COUNTY SENIOR CENTERS



**Clearlake – 3245 Bowers Avenue  
994-3051**

**“The Highlands Senior Service Center provides vital services to the senior community of Clearlake, Clearlake Park**

**and Lower Lake. In addition to our Meals on Wheels Program, which provides nutritious meals and a friendly visitor daily to the frailest of our elderly, we also provide our congregate dinners with a warm, welcoming environment to meet with their peers and eat a healthy meal. Through our information and Assistance program, we provide seniors with a place to go to get answers and help for their concerns. And our activities give members of our community an opportunity to join in, get some exercise and have a little fun. An active senior is a healthy senior.” – Joyce Overton**



**Clearlake Oaks – 12502 Foothill Blvd  
998-1950**

**“The Live Oaks Senior Center is a nonprofit organization that relies upon generous support to meet its mission to**

**improve the quality of lives of seniors in our community through high standard meals and services.” – Kazmer Ujvarosy**



**Lakeport - 527 Konocti Ave; 263-4218  
Kelseyville – 5245 3<sup>rd</sup> St; 279-2175**

**“The Lakeport and Kelseyville Senior Centers work together flawlessly and are vital to the mental and physical health of everyone in**

**our community as we age. The centers provide proper nutrition through meals, community and activities that can be social, physical and creative. We welcome everyone equally and strive for a sustainable and responsible way to provide this to our community. Adults of any age can participate with us, so come hang out with us and see where you can make a difference!” – Jonathan Crooks**



**Lucerne – 3985 Country Club Drive  
274-8779**

**“The Lucerne Alpine Seniors, Inc. Meals on Wheels program serves a large community of homebound seniors from**

**Blue Lakes to Glenhaven and provides daily meals to local area seniors. These services are vital to the health and wellbeing of our seniors as are the variety of other services and activities we offer including tax preparation, tai chi, line dancing, Pilates and more. Everyone is welcome and encouraged to join us.” – Dave Eby**



**Middletown – 21256 Washington St  
987-3113**

**“Middletown Senior Center is critical to the health and welfare of the Middletown, Cobb and Hidden Valley Lake communities. Not**

**only does Meals on Wheels allow many homebound seniors to stay in their homes, but the family atmosphere at the center gives the active seniors a reason to get out of their pajamas and out of the house to come down for a nutritional lunch and daily activities.”**

**- Lori Tourville**



**Upper Lake – 9410 Mendenhall Ave;  
275-3513**

**“The mission of Upper Lake Senior Support Services is to provide and promote the wellbeing and self determination of at risk seniors in the Upper Lake, Blue Lakes and**

**Nice areas of Lake County. We provide services such as creative art, gentle seated Yoga, French and games to stimulate the mind. We help seniors be ware of other resources available to them in Lake County. We are people serving people.”**

**-- Claudine Pedroncelli**

***“The best way to find yourself is to  
lose yourself in the service of  
others.” ~ Mahatma Gandhi***

## First Annual Senior Summit Honors Lake County Inspirational Seniors, 2017

**Sandi Baroni | Ron Keas | Shari Koch | Shirley Kelsey | Freeda Krukoff  
Gene Paleno | Joyce Stockton | Mary Veeninga | Jim Westrich**